

Productive Practice List

1. Small goal timer (like 2 measures, 2 minutes)
2. Random spot check
3. Listen to recordings/videos
4. Metronome buildup (+5bpm each time)
5. Sing it
6. Write in letters and/or counting
7. Add expressive marks (f, p, rit., accel., <, >, ., -, etc.)
8. The 1, 2, 4, 8, 16 method
9. Three pencil game
10. Practice journal entry (what did you get done?)
11. Improvise with a part
12. Rhythm only
13. Highlight problem spots
14. Hands separate
15. Point to score with one hand, play with the other
16. Teach it to someone else
17. Play, work, play
18. Ask someone to distract you
19. Video record yourself, then critique the video
20. Study the score/practice in head
21. Ask/write questions for teacher
22. Cover your hands with a towel
23. Count out loud and play
24. Super slow motion, pause when unsure
25. Memorize
26. Small bursts (one measure at a time, but REALLY fast)
27. Choreograph/body language
28. Double-check "good" spots
29. Transpose it
30. Experiment with technique and fingering